

CURRICULUM MAP – PSHE **KS3/**KS4

YEAR:	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
FOCUS	Relationships	Health and Wellbeing	Living in the Wider world	Relationships	Health and Wellbeing	Living in the Wider world
TOPIC	Respectful relationships Healthy relationships Prejudice and bullying Discriminations Communication in relationships	Keeping safe Drugs and Alcohol Peer Influence Mental Health Next steps	Developing skills and aspirations Community and Careers Goal setting Money matters	Building relationships Identify positive /negative relationships Families Intimate relationships Extremism & radicalisation	Puberty Emotional wellbeing Healthy lifestyle Exploring influence Independence	Financial decision making Digital literacy Employability skills Work Experience
ACTIVITIES	Creating images/models/drawings illustrating relationships Mind mapping Quizzes and puzzles Q&A Classroom discussions	Cloze Activities Worksheets Interactives board activities resources Q&A Classroom discussions	Real life skills e.g., shopping Calculating budgets Comparing specifications Q&A Classroom discussions	Identifying positive/negative traits Recognizing healthy/unhealthy relations Staying safe	Body maps Dietary worksheets Matching activities Cloze activities Q&A Classroom discussions	Reading & creating graphs/tables to display recorded and comparative data Cloze activities Practical activities
WEBSITES	PSHE Association https://www.pshe-association.org.uk/ https://www.aqa.org.uk/programmes/unit-award-scheme/units/pshe https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education					
ASSESSMENT OPPORTUNITIES	baseline testing End of topic tests AQA Unit Award Scheme					
EXTENDED LEARNING	Topics specific activities set on PSHE under ‘homework’ section Topic based learning					
Cross Curricular Links: English, Literacy, Physical Development Science, ICT, Design and Technology, Life Skills, Math						