

SECONDARY EDUCATION: PSHE (RSE) OVERVIEW

KS3(year 7/8/9)/KS4 (year 10/11)/Whole School

YEAR:	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
FOCUS	Relationships	Health and Wellbeing	Living in the Wider world	Relationships	Health and Wellbeing	Living in the Wider world
TOPIC	<ul style="list-style-type: none"> ● Building healthy relationships ● Discrimination ● Respectful relationships & Conflict resolution ● Healthy Relationships (including media influence) ● Communication in relationships ● Anti-Bullying ● Diversity/Black History ● Forgiveness ● National Care for Kids Day 	<ul style="list-style-type: none"> ● Keeping safe/Working with others ● Drugs and Alcohol (Pressure/drug misuse) ● Peer Influence/Consent (just say no) ● Setting Goals ● Independence: Drugs and Alcohol – making the right decisions – substance use ● Consent ● Movember (Men’s health) ● Men’s Mental Health ● Confidence ● Empathy 	<ul style="list-style-type: none"> ● Developing aspirations working with others ● Community and Careers ● Goal setting ● Financial Decisions/Money matters ● Next Steps Thinking about further education/ employment and career progression (Building confidence in the workplace) ● World Cancer awareness ● Safer Internet use 	<ul style="list-style-type: none"> ● Diversity, prejudice, and bullying ● Identity and relationships (including consent) ● Intimate relationships & Consent ● Extremism & radicalisation ● Families – parental responsibilities, marriage ● International Women’s Day ● Sleep awareness ● Volunteer awareness 	<ul style="list-style-type: none"> ● Puberty ● Emotional wellbeing ● Healthy lifestyle Healthy choice: (including Sexually Transmitted Disease (STIs)) ● Exploring influence (drugs/gangs/ role models/media) ● Independence Responsible Health Choices including Sexually transmitted disease (STIs) ● World Health ● Oral Health awareness ● Dementia awareness 	<ul style="list-style-type: none"> ● Financial decision making ● Digital literacy - online safety/media/ gambling hooks ● Employability skills – (employability and online presence) ● Further Education - College options Work Experience ● Work placement/ Further education college visits/CVs ● International Day against Homophobia, Transphobia and Biphobia ● LGBT ● My Money – awareness

ACTIVITIES/ TASKS	Videos clips Creating images/models/ drawings illustrating relationships Mind mapping Quizzes and puzzles Q&A Classroom discussions	Videos clips Cloze Activities Worksheets Interactive activities Financial software Puzzles resources Q&A/Class discussions	Videos clips Real life skills e.g. shopping Calculating budgets Comparing specifications Q&A Classroom discussions Practical activities Offsite learning	Videos clips Identifying positive/negative traits Recognizing healthy/unhealthy relationships Staying safe	Videos clips Body maps Dietary worksheets Matching activities Cloze activities Q&A Classroom discussions	Video clips Reading & creating graphs/tables to display recorded and comparative data Cloze activities Practical activities Offsite learning
WEBSITES	<p>PSHE Association https://www.pshe-association.org.uk/ https://www.aqa.org.uk/programmes/unit-award-scheme/units/pshe https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education https://www.schoolwellbeing.co.uk/ RSHE Schools - Home (pagetiger.com) – (Suffolk County Council PSHE portal - members only)</p>					
ASSESSMENT OPPOR- TUNITIES	<p>Baseline testing End of topic tests Review/Reflect/Revise/Revisit tasks as formative assessment techniques AQA Unit Award Scheme</p>					
EXTENDED LEARNING	<p>Topics specific activities set on PSHE under 'homework' section Topic based learning Life Skills</p>					
Cross Curricular Links: English, Literacy, Physical Development, Science, ICT, Design and Technology, Life Skills, Math, Food Technology						